EMERGENCE: UNFOLDING THE PERFECTION WITHIN

Consider the lilies of the field, they neither sow nor reap, yet I tell you Solomon in all of his splendor is not clothed as one of these. Therefore, do not fear – Matthew 6:28-29
2 Schools of Thought Concerning Healthcare

**Allopathic:**
- Emphasis on Diagnosis
- Parts and Symptomatic Control
- Passive on the part of the client
- Neutonian Physics (atoms and above)
- Mechanistic (body is = sum of parts)
- Magic Bullet Theory
- Fixer / Guru
- Cause of conditions primarily believed to be outside influence (bugs, people, places, etc)
- Drugs, Surgery, Chemotherapy
- Treating & Controlling Symptom Patterns or Conditions

**Holistic:**
- Emphasis on understanding whole system
- Practitioner is seen as a teacher or guide in the process of self healing & self understanding
- Active healing on the part of the client
- Quantum Physics (Atoms & Below)
- Symptoms can be a wakeup call to growth & different choices
- Being is greater than the sum of the parts
- Care may include diet, herbs, supplements, exercise, movement, emotions, energy fields
- Based upon thousands of years of observation of mankind
Symptoms & The Emergence Process

❖ Feedback on current, old habits, memory in need of reevaluation and growth
❖ A wakeup call to explore & question old, outdated, dualistic beliefs that no longer serve the individual or the system
❖ A call to reconciliation and integration of old and new experiences / data, which left unchallenged may create a life experience that is less than the full expression of the creative design
❖ A call from source / god to let go of attachments that keep us stuck and embrace our aversions that can open the door to many levels of freedom and evolution
The Energy Field

All Energy Equals Vibration

Energy is measured in frequency, wavelength, and pulse

TUNING FORK A
Resonates

TUNING FORK B
 Begins resonating with sympathetic vibrations
The Energy Field: Around All Living Things

Seen by Saints, Seers, and Prophets... the ‘halo’ or ‘aura’

It is now measured by MRI, SQUIDDD Computer, AO Scan
Pioneers of the Energy Field

Royal Rife ▲ (left) ▲ developed frequencies of healing

Heinrich Rudolf Hertz ▼ (below) ▼ measured energy fields in living systems

Rupert Sheldrake (not pictured) Morphogenic Fields
Segmentation of the field as a result of trauma, toxins, thought
GAS...
The Stress of Life

1. Alarm
   - Stressor Identified
   - Body Produces Adrenaline
   - Fight or flight response
   - Coping
     - With the stress
       - Strains
       - Demands
     - Environment
       - Can’t Keep Up Forever
     - Body
       - Limited Resources
         - Resources Gradually Depleted
       - Gradually Depleted
         - All Resources Depleted
         - Normal Function Unable to Maintain
         - Capacity Exhausted
         - Damage Long Term
         - Decompensation Functional Deterioration

2. Resistance
   - General Adaptation Syndrome

3. Exhaustion
A memory can be triggered by multiple senses or body physiology stored during the original stressor – without the original stressor being present.
The Dirk-Hamer Syndrome

Dr. Ryke Geerd Hamer - His belief was all diseases are manifestations of emotional or mental trauma, feelings of powerlessness, and feeling all alone. Stress changes the polarity of the brain, which effects bodily function & biochemistry into pathology and exhaustion. He investigated and documented over 15,000 cases of cancer and always found these 3 characteristics to be present, which he termed the Iron Rules of Cancer.
The Dirk-Hamer Syndrome
2 Parts of the Brain

Conscious mind
(Free will)
- Thinks, discerns, reasons, understands
time
- Cerebral Cortex
- Left Prefrontal Cortex
- Executive Decision,
Making, Logic, Reason,
Understanding
- Right Prefrontal Cortex
- Creative, Imaginative, intuitive

Subconscious Mind
(Survival)
- The caretaker: all autonomic function for living (IE, heartrate, blood pressure, muscle tone, digestion, hormone balance, etc)
- Left Limbic & Amygdala
- Inherited and Experienced Data of Survival
- Right Limbic & Amygdala
- pictures & emotions of stress, trauma, drama, etc.

This can be the story / false identity /
excuses we come up with to justify the stress of life

Can get stuck in survival mode creation
exhaustion of multiple body systems leading to dis-ease and then disease
Autonomic Nervous System

❖ Sympathetic Nervous System
❖ Fight, Flight, or Fright response
❖ Perfect for Survival, Hard Labor, and Exercise
❖ Blood pressure increases, stroke volume of the heart increases, muscle tone increases in the extremities, pupils contract, hormones of survival increase (epinephrine, norepinephrine, & cortisol), blood bypasses the digestive system, blood shunts from the cerebral cortex to the amygdala limbic system

❖ Parasympathetic Nervous System
❖ Homeostasis
❖ Perfect for healing, detoxification, rebuilding, relaxation, digestion
❖ Decrease of blood pressure, stroke volume of the heart, muscle tone to the extremities, pupils relax, hormones of healing (estrogen, progesterone, testosterone), blood flows to the cerebral cortex (problem solving, imagination, visualization, cognitive reasoning)
**Parasympathetic Nerves**

- Constrict pupils
- Stimulate saliva
- Slow heartbeat
- Constrict airways
- Stimulate activity of stomach
- Inhibit release of glucose; stimulate gallbladder
- Stimulate activity of intestines
- Contract bladder
- Promote erection of genitals

**Sympathetic Nerves**

- Dilate pupils
- Inhibit salivation
- Increase heartbeat
- Relax airways
- Inhibit activity of stomach
- Stimulate release of glucose; inhibit gallbladder
- Inhibit activity of intestines
- Secrete epinephrine and norepinephrine
- Relax bladder
- Promote ejaculation and vaginal contraction

Figure 45-20 Biological Science, 2/e © 2005 Pearson Prentice Hall, Inc.
Factors Effecting Timing

Trauma ►
(low intensity, long duration)

Thoughts ►
(high intensity, short duration)

◄ Toxins

ANXIETY
Harrassment
Work Overload
Business Crisis
Bullying
Mortgage
TAX
Conflict
Poor Leadership
Debt
Deadline
STRESS
EXPECTATIONS
Wrong Fields
LATE NIGHT
Who Forms Your Beliefs? (Perception is Reality to the Brain)

The Family Line (IE, family members who had grandparents who survived the Holocaust)
The Energy Field (all who came before us)
Mothers experiences, physiology, & choices during pregnancy (93 percent of the neuro-synapses are formed before birth)

All experiences up to 7-10 years old
Other people’s expectations and beliefs (the mind of a child has no discernment)
Why Zebras Don’t Get Ulcers

Examples of Cortisol imbalances in the body

Dr. Robert M. Sapolsky
How Emotions harm your Body?

- Anger weakens your liver.
- Grief weakens your lungs.
- Worry weakens your stomach.
- Stress weakens your heart and brain.
- Fear weakens your kidney.
The Law of Attraction

How I respond to life is what I request of life.
If I do not repair it I will repeat it.

Which step have you reached today?
**Power vs. Force**

Levels of Consciousness

Demonstrates the hidden determinants of human behavior

The growth and evolution of souls

Letting Go: the power of surrender

<table>
<thead>
<tr>
<th>God-View</th>
<th>Life-View</th>
<th>Level</th>
<th>Log</th>
<th>Emotion</th>
<th>Process</th>
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<td>ENLIGHTENMENT</td>
<td>700-1000</td>
<td>Ineffable</td>
<td>Pure Consciousness</td>
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<td>PEACE</td>
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<td>Complete</td>
<td>JOY</td>
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<td>Sorrow</td>
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<td>Indifferent</td>
<td>Vengeful</td>
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<td>Scorn</td>
<td>Inflation</td>
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<td>Disdain</td>
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<td>150</td>
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<td>FEAR</td>
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<td>Anxiety</td>
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<td>Regret</td>
<td>Despondency</td>
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<td>Evil</td>
<td>GUILT</td>
<td>30</td>
<td>Blame</td>
<td>Destruction</td>
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<td>Despise</td>
<td>Miserable</td>
<td>SHAME</td>
<td>20</td>
<td>Humiliation</td>
<td>Elimination</td>
</tr>
</tbody>
</table>

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Dr. David Hawkins
Active Healing

Forgiveness (Letting Go)
Learning the lesson
Integrating the lesson
Nutrition & Diet
Exercise
Journaling
Cross Crawl
Power Pose
Brain Gym
Royal Lee, founder of Standard Process Nutrition Company
Dr. M.T. Morter Jr, founder of B.E.S.T.
Otto Warburg, 1931 Nobel Prize Winner for his work on alkilinity
ACID / ALKALINE FOOD COMPARISON CHART

EAT LESS

MORE ACIDIC

Most Purified Water
Distilled Water
Coffee
Chocolate
Sweetened Fruit Juice
Pistachios
White Bread
Peanuts
Nuts

Most Grains
Eggs
Fish
Tea
Soy Milk
Coconut
Lima Beans
Plums
Brown Rice
Cocoa
Oysters
Salmon

SOFT DRINKS
Energy Drink
Carbonated Drinks

Processed & Refined Food
*Processed & Refined Food

EAT MORE

MORE ALKALINE

Apples
Almonds
Tomatoes
Grapefruit
Corn
Mushrooms
Turnip
Olives
Peaches
Bell Pepper
Radish
Pineapple
Cherries
Wild Rice
Apricot
Strawberries
Banananas

Avocados
Green Tea
Lettuce
Celery
Peas
Sweet Potatoes
Eggplant
Green Beans
Beets
Blueberries
Pears
Grapes
Kiwis
Melons
Tangerines
Figs
Dates
Mangoes
Papayas

phresh greens®
Spinach
Broccoli
Artichoke
Brussel Sprouts
Cabbage
Cauliflower
Carrots
Cucumbers
Lemons
Limes
Seaweed
Asparagus
Kale
Radish
Collard Greens
Onion

*Raw / Uncooked

Note that a food’s acid or alkaline-forming tendency in the body has nothing to do with the actual pH of the food itself. For example, lemons are very acidic, however the end-products they produce after digestion and assimilation are very alkaline so lemons are alkaline-forming in the body. Likewise, meat will test alkaline before digestion but it leaves very acidic residue in the body so, like nearly all animal products, meat is very acid-forming.

*Eat less processed and refined foods and more raw and uncooked greens and fruits.
Acidity = Inflammation

Top 60 diseases known to man

Diet & Nutrition
Excess labor or exercise
Repetitive thinking
Unreconciled experiences
Outdated beliefs
Exaggerated Survival Instincts
Edging God & Others Out
The Narcissistic Self

*Attachments*: what we hold onto that keeps us stuck in life

*Aversion*: what we avoid & push away, that if we embrace, grow, and develop would free us internally and lead to a more fulfilling life (the seven virtues)

Recognized as seven deadly sins

Has a secret pay-off / juice to feed the ego as the source of our identity
The Emergence Process

We Believe...

Updates the brain field from old memory patterns, mostly unconscious.

Allows a greater integration of left / right brain function.

May include touch, light, sound, body movement, dietary changes, herbal complexes, dietary supplements, breathing patterns, and new behavioral practices.
The Four Pillars

Physical Mental Emotional Spiritual

Self sabotage, structure, biochemistry, electromagnetic, emotions, epigenetics, genetics, diet & nutrition, body systems, repetitive thoughts, emotions, or symptoms.

Will to wellness

False self
Developed by Dr. Allen Beardall, founder of Clinical Kinesiology
Retaining mode = creating a stack of information to be updated
Sensing nerve endings in the femur joint (Ruffini End Organs)
Proprioception drives cognition
The Tuning Fork

Vibration
Downregulation = Tuning fork #1 allows the system to open from the crown to the feet, releasing old, outdated energy patterns

Upregulation = Tuning fork #2 upregulates new energy patterns that allow for a greater unfolding of creative design; entrainment to higher vibrational frequencies
In 1959, Bach-y-Rita's father, Pedro, suffered a cerebral infarction (stroke) which caused paralysis to one side of his body and damaged his ability to speak. George Bach-y-Rita—a psychiatrist and Paul's brother—succeeded in treating Pedro so that he was able to lead a normal life, despite the opinion of several doctors that this was impossible. When Pedro died, an autopsy, performed by Dr. Mary Jane Aguilar revealed that Paul's father Pedro had suffered a major stroke and suffered severe damage to a large portion of his brain stem, which had not repaired itself after the stroke. The fact that he had made such a significant recovery suggested that his brain had reorganized itself, providing evidence for neuroplasticity.

Neuroplasticity

Our routines make routes in our brain. It's empowering to know that we can re-route our brains with mindfulness, to make better habits and more helpful thought patterns.

1. **MENTAL ACTIVITY**

   This can be a thought, feeling, or action.

2. **CREATION OF NEW NEURAL STRUCTURES**

   Neurons fire together, forming a brief connection by communicating through gaps called synapses.

3. **REPETITION OF MENTAL ACTIVITY**

4. **STRENGTHENING OF NEURAL CONNECTION**

   Neurons wire together to make more lasting circuits.

   With attention, we can direct how this neural substrate is built & rebuilt! We can strengthen the pathways we want by thinking in the way we want to be.
Open Sourcing

The open-source model is a decentralized software development model that encourages open collaboration. A main principle of open-source software development is peer production.
Founder & one of the developers of T.E.P. Dr. Phillips is the primary practitioner at Desert Dove Health Alliance-A Private Healthcare Membership Association in Chandler, AZ. Dr. Phillips is an Advanced Holistic Chiropractor who is passionate about the God-given ability of our body to heal. He has studied and practiced holistic healing for over 30 years and performed over 200,000 treatments. Many practitioners of alternative healing and mind-body therapies come from all over the world to observe and learn from this powerful conduit of health and healing. He assigns “homework” to his patients to increase the updated neurology and neurologic pathways needed to maintain optimum health and healing. Dr. Phillips is a renowned speaker and lectures extensively on health and healing topics.

Glory in excelsis Deo